

13+ 2018-2019 Track Season

Coaching staff: Pat Carty, Dave MacLellan, Tony Corbin, Heather Beaton

Assistant Coaching: Keighan DeCoff, John Luc Taylor, Jenna Reid

PCA's Summer Coaching Staff- TBA

Team Manager: Ruby MacDonald & Assistant Manager Marilyn Sandluck

Team Registrar's: Marilyn MacCara & Olivia Stroud

Practice Schedule: **Wednesday 740-930pm YMCA**

Friday 400-600pm Sobeys Indoor Complex

Sunday 200-400pm NNEC gym

2018-2019 Athletics Nova Scotia/Athletics New Brunswick Outdoor/ Indoor Track Events

Athletics Nova Scotia (ANS)

1. ANS Indoor Track & Field Meet **January 18 & 19, 2019** Canada Games Complex, Halifax
2. ANB Indoor Track & Field Championships, **February 2, 2019** Oromocto, NB
3. 2019 Atlantic Indoor Club Championship **February 23 & 24, 2019** CFB Gagetown, Oromocto, NB
4. ANS Indoor Club championship **Friday March 1 & Saturday March 2, 2019** Canada Games Centre, Halifax
5. Athletics Canada 2019 Hersey Canadian U16/U18/U20 Indoor Track and Field Championships **March 15-17, 2019** Montreal, Quebec
6. **Pictou County's Athletics** Early Track Meet April 27, 2019 1:00-4:00pm
7. **ANS Warm up Meet** May 11, 2018 Dartmouth, NS
8. NSSAF Districts Track & Field **May 2019 TBA Pioneer Coal, Stellarton**
9. NSSAF Regional Track & Field **May 2019 TBA Pioneer Coal, Stellarton**
10. NSSAF Track & Field Championships, **May 31-June 1, 2019 Acadia University, Wolfville, NS**
11. **ANS Outdoor Track & Field Championships** June 22 & 23, 2019 **TBA & TBD**
12. **NS Legions & Open Trials** July 6 & 7, 2018 **Location TBA & TBD**
13. Atlantic Canadian Club Championship **July 13-14, 2019** Moncton, New Brunswick
14. Canadian Track & Field Championship **July 25-28, 2019** Montreal, Quebec
15. 2019 Royal Canadian Legions Track & Field Championship **August 9-11, 2019** Sydney, Nova Scotia